



TED'S CHICKEN  
*Parmesan*

## INGREDIENTS

2 Chicken Breasts (Cut into strips)  
½ Tsp Pepper  
1 Tsp Salt  
1 C Seasoned Bread Crumbs  
½ C Grated Parmesan Cheese  
2 Eggs  
2 C Marinara Sauce  
8 Slices Mozzarella Cheese

## INSTRUCTIONS

Preheat oven at 400 degrees  
Beat two eggs  
Dip chicken strips into eggs  
Dredge in bread crumbs until covered  
Season with salt and pepper  
Place on baking sheet  
Bake for 20 minutes (turning ½ way through)  
Top with marinara and cheeses  
Bake 1 more minute until cheese melted



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