

Ingredients-

2 Cups Craisins or Raisins

½ Cup Honey

½ Cup Peanut

Butter

2 Cups Slivered

Almonds

3 Cups "Old

Fashioned" Oats

Instructions -

Place the oats & almonds on cookie sheet and toast in oven for a few minutes.

Heat honey & peanut butter in saucepan – stirring well.

Place cranberries in food processor and make into a paste.

Put the oats/almond mixture into a large bowl and add the cranberries

 breaking up the paste while mixing w/ the warm oats to distribute ingredients evenly.

Stir in the hot honey/peanut butter until combined.

Finish mixing with spoon until everything is well incorporated.

Place mixture firmly into small pan, cover and place in fridge to set.





Makes: 8 bars