



Beef STEW

Ingredients -

2 cans Campbell Barley & Vegetable Soup

1 yellow medium onion

1 or 2 white potatoes

Carrots

Tabasco

1+ lb lean stew beef

Pepper

Instructions –

A – cut beef to cube size + chop the onion, add pepper to taste, sauté both in pot of choice

B – drain away sauté juice

C – add cans of soup + carrots + potatoes + 2 cans of water + healthy splash of tabasco

D – bring to a boil, simmer for an hour (+ or -) on low heat, add additional water if needed

Skim off grease as needed



ENDICOTT HOUSE
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Enjoy with scali bread or French baguette & butter and beverage of choice